



1st Annual KeepersZ Agenda and Questions

Friday March 1, 2024 from 5:00pm to 11:00pm GMT (UTC+0)

Friday March 1, 2024 from 12:00pm to 6:00pm EST (UTC-5)

Friday March 1, 2024 from 11:00am to 5:00pm CST (UTC-6)

Friday March 1, 2024 from 10:00am to 4:00pm MST (UTC-7)

Friday March 1, 2024 from 9:00am to 3:00pm PST (UTC-8)

Agenda in EST

11:30am - Zoom starts

12:00pm - Welcome Chip, Mark and Larry

Segment 1 setup by Patricia Allgood

Off to groups of 4 to 5 in breakout rooms

2:15pm - Stretch your legs, food and beverage

3:00pm - Segment 2 setup by Bill Hall

Off to groups of 4 to 5 in breakout rooms.

5:45pm - Closing remarks

6:00pm - Official end, but Zoom rooms will stay open

First Presentation: Patricia Allgood

- 1) What are your stories of resilience?
- 2) What did you learn about yourself?
- 3) How will you take that forward when you face the next challenge?

Second Presentation: Bill Hall

- 1) Who (or What) have you lost and how has that loss prepared you for future losses?
- 2) How did you turn the corner after that loss?
- 3) What advice will you share with others to help them in dealing with their tough times?