

TEC Keepers of the Flame 2020

Greetings

From Merrie England

A theme of

Happiness alongside

Silence for Sam

Mutual trust and

Safety. How special

At this time. When

Happiness is truly

A choice. Focus on

The internal. Empower

Yourselves! What is

The influence

Of culture. What is

Happiness? Is it

Marriage, money

And children? Is it

In Bhutan?

One topic

We all have

In common is the

Pandemic. It's not

Different for

Chairs and

It's not at all

Anal. It's clearly

Going

To be

Different. Like the

Learning as

A Chair

Happiness and Success

Like red beans

And rice or

Fish and chips but

Not just for easy

Answers; it's for

Better

Questions. Is happiness

Definable? Am I

Successful even

If I'm happy. Remember

Rainbows have

Nothing

To hide, whether

Or not you're

A Muppet. (Rick

Told me to

Leave out

The grotty

Bits.)

What's the sweet

Sound calling

You now? But no one

Called me

To a private breakout

Group! As the song

Said, *que sera, sera*:

And life is what

You make it. Despite

The politicians, despite

Facebook, despite Twitter

You will get

What you

Desperately wanted. If

You sing

The sweet song

That calls

To you. That is

Your

Magic wand!

(Poetry is harder
When
You're not
In the room.)

OK laugh
It's good for
You. Lots of
Reality. As the
Engineers say
The glass is
Neither half
Full nor half
Empty. It's engineered
Badly. So what
Drives
Happiness? It's not just
Sex. So
Modify your brain
Be happy, do
As you're told! Do as
You tell
Your brain. Be
Grateful. Choose!
Clap your hands
And you'll know it.

So
Who are we
Meeting together
To feed our
Intellectual hunger
Ignore the time
And go
For mastery
Let's ensure both
Material and
Emotional significance.

I need
To remind myself of

Hemingway's words
'Write drunk
Edit sober' – embrace
If not hug
The Arts

And don't forget
To buy
Nina's book and
Be
Light-hearted and
Dovetail with every-
One. Choose
How you design
Your world to create
Happiness. A food of
The spirit. Align with
Whom you truly are.
Be of service
Be more selfless
It's not about
Me. It's about the
Cause greater than
Yourself. So what's
The shift you have
To make? What
Have you
Surrendered to?

I think – strike that:
I am
A little better
For having Keepers
In my life.
Thank you
All.