Exploring Risk and the Rest of your Life

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What is at Risk?



Slackline Highline

•"Don't let yesterday take up too much of today."

•— Will Rogers

- Pair up and share the answer to these:
- 1. The contribution you make
- 2. A relationship you cherish
- 3. Someone whose conversations your love

Partner Practice

AboutTime

Group Exercise



Questions * Reflection * Sharing

- 1.Share a personal story of an "old risk" in your life, this risk used to feel threatening yet now it actually feels like an old friend.
- 2. Based on this story (experience) and other risks you have faced, Identify the "role" risk has played in your life. How in your opinion has it truly and fundamentally shaped you?
- 3. When someone asks, "so tell me about the rest of your life", what do you say?
- 4. Please identify a relatively "new" risk your facing in the next chapter of your life. How will it play out for the rest of your life?
- 5. What do you need, and from whom, do need some help or assistance as you take on this risk? ... for the rest of your life.