
“Enhancing the Lives of Ourselves”



Thursday, June 20:

6:30 pm Welcome Reception (Mezzanine)

Thursday eve CONNECT

Get your connection Bingo card and Friday Experiences sign up info

Friday, June 21:

7:00 am YOGA?? morning walk??? Get sign up sheets

8:00 AM Breakfast (Foyer outside Columbine)

9:00 AM Welcome -- Doug Bouey, Chip Webster

9:05 AM KOF Conference BIG Picture: - John Adams, Janet Fogarty



9:30AM CONNECTION ~ Rick Leckey “Getting to Know You”
10:00 AM break



1
0:15 AM Session reconvenes
EXPERIENCE ~ Brant Houston



12:30 PM PHOTO SHOOT! Meet for group shot in the courtyard PLAZA

Sign up/connect for afternoon meetups

1:00 PM lunch (Mezzanine)
Freetime

Friday afternoon: [GO Experience and Connect out in Boulder](#)
(see sign up sheets and meet your guides at designated time)

7:00 PM Dinner (Mezzanine)

Saturday, June 22:

Yoga or morning hike

8:00 AM Breakfast (Foyer outside Columbine)

9:00 AM Session reconvenes
 CONNECT ~ Rick Leckey

9:30 AM VITATLITY – Rick Oppenheimer



10:15 AM Break

10:30 AM Session reconvenes

12:00 PM Lunch and Connecting (Mezzanine)

Freetime

2:00 PM Session reconvenes
 JOY!!! – Judy Guten



(3:00 PM Refreshment Break)

3:35 PM Session reconvenes

3:40 PM KOF 2012 poem -- David Adams

3:45 PM Wrap-up – Chip Webster, Doug Bouey

3:55 PM Closing Ceremony – Janet Fogarty, John Adams

4:15 PM ADJOURN

Freetime

6:15 PM beer, wine and cheese (Q's Restaurant)

7:00 PM Dinner (Q's Restaurant)

Sunday, July 23:

ON YOUR OWN & DEPARTURES

Friday Afternoon EXPERIENCE groups



*Outdoor experiences can help you feel inspired, connected and confident
Foster connections to each other, to our selves and to the land
Feel like a traveler, not a tourist
Experience an awe-inspiring connection to the natural world*

1. Karen Meenan – Stand Up Paddle Boarding at Boulder Reservoir
2. Fred Chaney – Memory Lane Tour of Boulder area
3. Bob Carrothers & John Adams – Quiet Afternoon on Flagstaff Mountain
4. Bill Hunter – Hike to Wild Basin, Rocky Mtn Natl Park
5. David Adams – Something Cerebral close or at hotel
6. Rick Leckey and Beth Adkinson – Wine Tasting excursion
7. Janet Fogarty – Tandem Sky-Diving or Gliding
8. Judy Guten
9. Jean Maxwell
10. Dick Shorten – Hike to 4th of July Lake
11. Dennis Klepper – Sailing (on Boulder Reservoir)
12. YOU??? What do you want to experience?

Other things to go experience on Friday:

Walking tour of Boulder

Bike riding

The Danshabe Tea Room

Psychic visit

Get a tattoo! (Henna)

Bike the Boulder Creek Path

Hang out at Boulder Creek

Celestial Seasonings Tea visit

Photo safari of Boulder: Joy, Connection, Experience and Vitality

Walk the Labyrinth on Boulder Creek