

KOF 2007

## READING RESOURCES

ABOUT OR RELATED TO PRESENCE

*Loving What Is*, Set of CD's by Byron Katie (Simple yet brilliant process for investigating and transforming the negative impact of our thoughts on our lives.)

*The Grace of Great Things*, Robert Grudin ("I am responsible for most of the events in my life and for all my reactions to those events.")

*I Am That*, Sri Nisargadata Maharaj (Fear is nothing but memories of pain.)

*The Presence Process*, Michael Brown (Step by step process for educating Presence.)

*The Wisdom of Crowds*, James Surowiecki

*The Price of Wisdom*, James M. McMahon (Out of print, yet very much worth your time to find a copy – used or otherwise.)

*The Anatomy of Change*, Richard Strozzi Heckler

*In Search of the Warrior Spirit*, RSH

*Holding the Center*, RSH

*The Leadership Dojo*, RSH (to be published in September)

*Finding Meaning in the Second Half of Life*, James Hollis

*Building Trust*, Fernando Flores & Robert Solomon

*Leadership and Self-Deception*, The Arbinger Institute

*The Anatomy of Peace*, The Arbinger Institute

## LOVE OF BEAUTY

"Our sense of beauty is generally restricted to those categories (art, music, love, nature) to which aesthetic language is applied by our culture. But independent insight in all fields involves in some way the experience of beauty. In fact, the thrill conveyed by inspiration in any field is perhaps best described as coming from a sense of participation in beauty, a momentary unity between a perceived beauty of experience and a perceiving beauty of mind.

A healthy sense of beauty is one of the key factors in the passion for work that dissolves the work/leisure dichotomy.

Our sense of beauty can be developed through growth in the creative habits:

**Unbiased alertness to outer experience.**

**Readiness to review and alter prior assumptions.**

**Openness to inner promptings.**

**Unstinting study and practice.**

These habits may offer the surest training in the appreciation of beauty.

Fairness is beautiful because it suggests a symmetry between what people deserve and what they get. Frankness (appropriate and in measure) is beautiful because frankness equates what we say with what we feel. Humor is beautiful, that is, when humor can convey elegantly and creatively things that are impossible to put frankly. Precise expression of any sort has beauty because of the symmetry between reality and the signs that convey it. In short, anyone who performs difficult tasks inventively, justly, and with humane expressiveness works in the presence of beauty.

Our freedom and indeterminacy make us capable of the worst as well as the best; we are at once the only beings able to produce ugliness and the only beings able to appreciate beauty."

From *The Grace of Great Things*  
By Robert Grudin - Ticknor & Fields 1993